

Central Aquatic Center

Located at 520 Fairground Street next to the Cobb Civic Center in the Larry Bell Fitness Complex

Hours of operation:

Lap Swim: Mon.-Fri.	6 am-9 pm
Sat.	9 am-5 pm
Sun.	2 pm-5 pm

Call for available open swim times (770) 528-8465.

Swimming Lessons Summer 2010

Session I	June 1-17
Session II	June 22 – July 10
Session III	July 13 – 29
Saturday	June 5 – July 24
(skip 6/19 – swim meet)	

On-Line Swim Registration for Cobb County Residents will begin at 9:00 am on May 15th, 2010.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 9:00am Saturday May 15th.

Non-Cobb resident's registration begins at 9:00 am on May 17th

Mountain View Aquatic Center

Located at 2650 Gordy Parkway in East Cobb

Hours of operation:

Lap Swim: Mon.-Fri.	6 am-9 pm
Sat.	9 am-5 pm
Sun.	2 pm-5 pm

Call for available open swim times (770) 509-4925.

Swimming Lessons Summer 2010

Session I	June 1-17
Session II	June 21 – July 8
Session III	July 12 – 29
(Session I (M/W) will skip – 5/31)	
(Make-up day will be Friday June 4 th)	

On-Line Swim Registration for Cobb County Residents will begin at 2:00 pm on May 16th, 2010.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 2:00pm Sunday May 16th.

Non-Cobb resident's registration begins at 2:00 pm on May 17th

West Cobb Aquatic Center

Located at 3675 Macland Road in Powder Springs

Hours of operation:

Lap Swim: Mon.-Fri.	6 am-9 pm
Sat.	9 am-5 pm
Sun.	2 pm-5 pm

Call for available open swim times 770-222-6700

Swimming Lessons Summer 2010

Session I	June 2-21
Session II	June 23 – July 12
Session III	July 13 – 29
Saturday	June 5 – July 24
(Sat classes meet 8 times)	

On-Line Swim Registration for Cobb County Residents will begin at 2:00 pm on May 15th, 2010.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 2:00pm Saturday May 15th.

Non-Cobb resident's registration begins at 2:00 pm on May 17th.

South Cobb Aquatic Center

Located at 875 Six Flags Drive in Austell

Hours of Operation:

Mon – Fri	8 am – 9 pm
Sat	9 am – 5 pm
Sun	2 pm – 5 pm

Call for available open swim and lap swim times 770-739-3180

Swimming Lessons Summer 2010

Session I	June 1-17
Session II	June 21 – July 8
Session III	July 12 – 29
Saturday	June 5 – July 10
(Session I (M/W) will skip – 5/31)	
(Make-up day will be Friday June 4 th)	

On-Line Swim Registration for Cobb County Residents will begin at 6:00 pm on May 14th, 2010.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 6:00pm Friday May 14th.

Non-Cobb resident's registration begins at 8:00 am on May 17th.

Adult Basics (age 15+)

This class is designed to teach adults who are uncomfortable in the water. It will teach floating and buoyancy on the stomach and back.

Introducing freestyle, back crawl, introduction to deep water, and basic water safety

Fees: \$40.00 (Cobb Res) \$65.00 (Non-Cobb)

Central Aquatic Center

29040 Sat Jun 26-Aug 7 1-1:50 PM
(Skip 7/31 – water polo)

29042 T/Th Jun 22-July 8 8-8:50 PM

29043 T/Th July 13-29 8-8:50 PM

Mountain View Aquatic Center

28779 T/Th Jun 1-17 8-8:50 PM

28780 T/Th Jun 22-July 8 8-8:50 PM

28781 T/Th July 13-29 8-8:50 PM

South Cobb Aquatic Center

28876 M/W June 2-Jun16 6:10–7 PM
(No class 5/31 make-up - Friday June 4th)

28877 M/W June 21-7 6:10–7 PM

28878 M/W July 12-28 6:10–7 PM

28944 Sat June 5-July 10 1–1:50 PM

Adult Basics II (age 15+)

This class is designed to teach adults who have successfully completed Adult Basics 1. It will teach freestyle, back crawl, introduction to deep water, and basic water safety

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

29044 Sat Jun 26-Aug 7 12-12:50 PM
(Skip 7/31 – water polo)

Adult Stroke Development (age 15+)

This class is for individuals who can swim at least 50 yards of freestyle without stopping and can swim backstroke and breaststroke, and who are comfortable in deep water. This class will teach increased endurance and improved stroke proficiency.

Fees: \$40.00 (Cobb Res) \$65.00 (Non - Cobb)

Central Aquatic Center

29045 Sat Jun 26-Aug 7 11-11:50 AM
(Skip 7/31 – water polo)

29047 T/Th Jun 22-July 8 7-7:50 PM

29048 T/Th July 13-29 7-7:50 PM

Adult Advanced Stroke Development (age 15+)

This class is for individuals who have completed the Adult Stroke Development class and who are comfortable swimming laps and being in deep water. This class will build ones endurance and improve stroke proficiency.

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

29103 Sat Jun 26-Aug 7 10-10:50 AM
(Skip 7/31 – water polo)

PRE-SCHOOL CLASSES**Parent Tot I (age 6mos-3 yrs)**

A parent or guardian accompanies Infants. The instructor guides the parent in teaching water adjustment skills such as: kicking, pulling, going under water and blowing bubbles. Swim diapers are mandatory. No disposable diapers please.

Fees: \$20.00 (Cobb Res) \$40.00 (Non Cobb)

Central Aquatic Center

29084 Sat Jun 5-July 24 9-9:30 AM
(Skip 6/19 – swim meet)

29085 T/Th Jun 1-17 9-9:30 AM

29086 T/Th Jun 22-July 8 9-9:30 AM

29087 T/Th July 13-29 9-9:30 AM

Mountain View Aquatic Center

28825 M/W Jun 2-16 12-12:30 PM

28826 M/W Jun 21-July 7 12-12:30 PM

28827 M/W July 12-28 12-12:30 PM

South Cobb Aquatic Center

28933 Sat June 7-July 19 9-9:30 AM

West Cobb Aquatic Center

28736 M/W Jun 2-21 9-9:30 AM

28735 T/Th Jun 1-17 9-9:30 AM

28737 M/W Jun 23-July 12 9-9:30 AM

28738 T/Th Jun 22-July 8 9-9:30 AM

28739 T/Th July 13-29 9-9:30 AM

28734 Sat June 5 – July 24 9:10-9:40 AM

Fees: \$26.00 (Cobb Res) \$51.00 (Non-Cobb)

Parent Tot II (age 18 mos-3 yrs)

A parent or guardian accompanies Infants. The instructor guides the parent in teaching water adjustment skills such as: kicking, pulling, going under water and blowing bubbles. Swim diapers are mandatory. No disposable diapers please.

Fees: \$20.00 (Cobb Res) \$40.00 (Non Cobb)

South Cobb Aquatic Center

28994 M/W Jun 2-16* 9-9:30 AM

(*No class 5/31 make-up - Friday June 4th)

28996 M/W Jun 21-July 7 9-9:30 AM

28998 M/W July 12-28 9-9:30 AM

28995 T/Th Jun 1-17 9-9:30 AM

28997 T/Th Jun 22-July 8 9-9:30 AM

28999 T/Th July 13-29 9-9:30 AM

29000 Sat June 5-July 10 9-9:30 AM

Tadpole (age 3-5)

This class is designed for the true beginner. Water adjustment skills, blowing bubbles, submerging, and water safety are taught in a playful atmosphere

Fees: \$20.00 (Cobb Res) \$40.00 (Non Cobb)

Central Aquatic Center

29095 Sat Jun 5-July 24 9:45-10:15 AM

(Skip 6/19 – swim meet)

29096 T/Th Jun 1-17 9:45-10:15 AM

29097 T/Th Jun 22-July 8 9:45-10:15 AM

29098 T/Th July 13-29 9:45-10:15 AM

29099 T/Th Jun 1-17 6:30- 7:00 PM

29100 T/Th Jun 22- July 8 6:30- 7:00 PM

29101 T/Th July 13-29 6:30- 7:00 PM

Mountain View Aquatic Center

28838 M/W Jun 2-16 12:00-12:30 PM

28841 M/W Jun 21-July 7 12:00-12:30 PM

28842 M/W July 12-28 12:00-12:30 PM

28843 M/W Jun 2-16 6:30-7:00 PM

28844 M/W Jun 21-July 7 6:30-7:00 PM

28845 M/W July 12-28 6:30-7:00 PM

28837 T/Th Jun 1-17 12:00-12:30 PM

28839 T/Th Jun 22-July 8 12:00-12:30 PM

28840 T/Th July 13-29 12:00-12:30 PM

South Cobb Aquatic Center

29015 M/W Jun 2-16* 10-10:30 AM

29019 M/W Jun 21-July 7 10-10:30 AM

29023 M/W July 12-28 10-10:30 AM

29016 M/W Jun 2-16* 5:30 – 6PM

29020 M/W Jun 21-July 7 5:30 – 6PM

29024 M/W July 12-328 5:30 – 6PM

29017 T/TH Jun 1-17 10-10:30 AM

29021 T/TH Jun 22-July 8 10-10:30 AM

29025 T/TH July 13-29 10-10:30 AM

29018 T/TH Jun 1-17 5:30 – 6PM

29022 T/TH Jun 22-July 8 5:30 – 6PM

29026 T/TH July 13-29 5:30 – 6PM

29014 Sat June 5-July 10 9:45 – 10:15AM

(*No class 5/31 make-up - Friday June 4th)

West Cobb Aquatic Center

28755 M/W Jun 2-21 9:35-10:05 AM

28757 T/Th Jun 1-17 9:35-10:05 AM

28756 M/W Jun 23-July 12 9:35-10:05 AM

28758 T/Th Jun 22-July 8 9:35-10:05 AM

28759 T/Th July 13-29 9:35-10:05 AM

28760 M/W Jun 2-21 6:00-6:30 PM

28761 T/Th Jun 22-July 8 6:00-6:30 PM

28754 Sat June 5-July 24 9:50-10:20 AM

Fees: \$26.00 (Cobb Res) \$51.00 (Non-Cobb)

Minnow (age 3-5)

This class is for preschoolers who can already put their faces in the water. Kicking, stroking, gliding, floating and jumping in will be taught in a playful atmosphere.

Fees: \$20.00 (Cobb Res) \$40.00 (Non-Cobb)

Central Aquatic Center

29077 Sat Jun 5-July 24 9:45-10:15 AM

(Skip 6/19 – swim meet)

29078 T/Th Jun 1-17 9:45-10:15 AM

29079 T/Th Jun 22-July 8 9:45-10:15 AM

29080 T/Th July 13-29 9:45-10:15 AM

29081 T/Th Jun 1-17 6:30- 7:00 PM

29182 T/Th Jun 22- July 8 6:30- 7:00 PM

29183 T/Th July 13-29 6:30- 7:00 PM

Mountain View Aquatic Center

28813	M/W	Jun 2-16	12:30-1:00 PM
28814	M/W	Jun 21-July 7	12:30-1:00 PM
28815	M/W	July 12-28	12:30-1:00 PM
28818	M/W	Jun 2-16	7:00-7:30 PM
28823	M/W	Jun 21-July 7	7:00-7:30 PM
28824	M/W	July 12-28	7:00-7:30 PM
28816	T/Th	Jun 1-17	12:30-1:00 PM
28819	T/Th	Jun 22-July 8	12:30-1:00 PM
28820	T/Th	July 13-29	12:30-1:00 PM
28817	T/Th	Jun 1-17	6:30-7:00PM
28821	T/Th	Jun 22-July 8	6:30-7:00PM
28822	T/Th	July 13-29	6:30-7:00PM

South Cobb Aquatic Center

28925	M/W	Jun 2-16*	10:00-10:30 AM
28928	M/W	Jun 21-July 7	10:00-10:30 AM
28931	M/W	July 12-28	10:00-10:30 AM
28926	M/W	Jun 2-16*	5:30 – 6PM
28929	M/W	Jun 21-July 7	5:30 – 6PM
28932	M/W	July 12-28	5:30 – 6PM
28927	T/TH	Jun 1-17	10:00-10:30 AM
28930	T/TH	Jun 22-July 8	10:00-10:30 AM
28933	T/TH	July 13-29	10:00-10:30 AM
28974	T/TH	Jun 1-17	5:30 – 6PM
28975	T/TH	Jun 22-July 8	5:30 – 6PM
28976	T/TH	July 13-29	5:30 – 6PM
28980	Sat	June 5-July 10	10:30 – 11:00AM

(*No class 5/31 make-up - Friday June 4th)

West Cobb Aquatic Center

28721	M/W	Jun 2-21	10:15-10:45 AM
28723	T/Th	Jun 1-17	10:15-10:45 AM
28722	M/W	Jun 23-July 12	10:15-10:45 AM
28724	T/Th	Jun 22-July 8	10:15-10:45 AM
28725	T/Th	July 13-29	10:15-10:45 AM
28726	T/Th	Jun 1-17	6:00-6:30 PM
28727	M/W	Jun 23-July 12	6:00-6:30 PM
28728	T/Th	July 13-29	6:00-6:30 PM
28729	Sat	Jun 5 –July 24	11:10-11:40AM
Fees: \$26.00 (Cobb Res) \$51.00 (Non-Cobb)			

Seals

This class is designed for preschoolers who can already swim. The coordination of the flutter kick and alternating arm strokes will be taught. Rhythmic breathing, water safety, and confidence in the water will be stressed.

Fees: \$20.00 (Cobb Res) \$40.00 (Non-Cobb)

Central Aquatic Center

29088	Sat	Jun 5-July 24	11:15-11:45 AM
(Skip 6/19 – swim meet)			
29089	T/Th	Jun 1-17	10:30-11:00 AM
29090	T/Th	Jun 22-July 8	10:30-11:00 AM
29091	T/Th	July 13-29	10:30-11:00 AM
29092	T/Th	Jun 1-17	6:00- 6:30 PM
29093	T/Th	Jun 22-July 8	6:00- 6:30 PM
29094	T/Th	July 13-29	6:00- 6:30 PM

Mountain View Aquatic Center

28828	M/W	Jun 2-16	12:30-1:00 PM
28829	M/W	Jun 21-July 7	12:30-1:00 PM
28830	M/W	July 12-28	12:30-1:00 PM
28831	M/W	Jun 2-16	7:00-7:30 PM
28832	M/W	Jun 21-July 7	7:00-7:30 PM
28833	M/W	July 12-28	7:00-7:30 PM
28834	T/Th	Jun 1-17	6:30-7:00 PM
28835	T/Th	Jun 22-July 8	6:30-7:00 PM
28836	T/Th	July 14-29	6:30-7:00 PM

South Cobb Aquatic Center

29001	M/W	Jun 2-16*	10:00-10:30 AM
29006	M/W	Jun 21-July 7	10:00-10:30 AM
29010	M/W	July 12-28	10:00-10:30 AM
29002	M/W	Jun 2-16*	5:30 – 6PM
29007	M/W	Jun 21-July 7	5:30 – 6PM
29011	M/W	July 12-28	5:30 – 6PM
29004	T/TH	Jun 1-17	10:00-10:30 AM
29008	T/TH	Jun 22-Jul 8	10:00-10:30 AM
29012	T/TH	July 13-29	10:00-10:30 AM
29005	T/TH	Jun 1-17	5:30 – 6PM
29009	T/TH	Jun 22-Jul 8	5:30 – 6PM
29013	T/TH	July 13-29	5:30 – 6PM
29003	Sat	June 5-July 10	11:15 – 11:45AM

(*No class 5/31 make-up - Friday June 4th)

West Cobb Aquatic Center

28742 M/W Jun 2-21 10:50-11:20 AM
 28744 T/Th Jun 1-17 10:50-11:20 AM
 28743 M/W Jun 23-July 12 10:50-11:20 AM
 28745 T/Th Jun 22-July 8 10:50-11:20 AM
 28746 T/Th July 13-29 10:50-11:20 AM
 28747 M/W Jun 2-21 6:35-7:05 PM
 28748 T/Th Jun 22-July 8 6:35-7:05 PM

28741 Sat June 5 – July 24 10:30-11:00 AM
 Fees: \$26.00 (Cobb Res) \$51.00 (Non-Cobb)

Youth**Learn to Swim Program Level 1 (age 6-15)**

This class is designed for children 6 or older who have little or no swimming experience or who have a fear of the water. Basic water safety skills, placing face in the water, propulsion skills with support, and floating are taught at this level.

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

29049 Sat Jun 5-July 24 11:00-11:50 AM
 (Skip 6/19 – swim meet)
 29050 M/W Jun 2-16 11:00-11:50 AM
 (Note: No class 5/31 - Make-up June 4th)
 29051 T/Th Jun 1-17 11:00-11:50 AM
 29052 M/W Jun 21-July 7 11:00-11:50 AM
 29053 T/Th Jun 22-July 8 11:00-11:50 AM
 29054 M/W July 12-28 11:00-11:50 AM
 29055 T/Th July 13-29 11:00-11:50 AM
 29056 M/W Jun 2-16 7:00- 7:50 PM
 (Note: No class 5/31 - Make-up June 4th)
 29057 M/W Jun 21-July 7 7:00- 7:50 PM
 29058 M/W July 12-28 7:00- 7:50 PM

Mountain View Aquatic Center

28783 M/W Jun 2-16 1:00-1:50 PM
 28784 M/W Jun 21-July 7 1:00-1:50 PM
 28785 M/W July 12-28 1:00-1:50 PM
 28786 T/Th Jun 1-17 11:00-11:50 AM
 28787 T/Th Jun 22-Jul 8 11:00-11:50 AM
 28788 T/Th July 13-29 11:00-11:50 AM
 28789 T/Th Jun 1-17 7:00-7:50 PM
 28790 T/Th Jun 22-Jul 8 7:00-7:50 PM
 28791 T/Th July 13-29 7:00-7:50 PM

South Cobb Aquatic Center

28881 M/W Jun 2-16* 11:00-11:50 AM
 28897 M/W Jun 21-July 7 11:00-11:50 AM
 28946 M/W July 12-28 11:00-11:50 AM
 28882 M/W Jun 2-16* 6:10 – 7:00 PM
 28898 M/W Jun 21-July 7 6:10 – 7:00 PM
 28947 M/W July 12-28 6:10 – 7:00 PM
 28899 T/TH Jun 1-17 11:00-11:50 AM
 28900 T/TH Jun 22-Jul 8 11:00-11:50 AM
 28948 T/TH July 13-29 11:00-11:50 AM
 28883 T/TH Jun 1-17 6:10 – 7:00 PM
 28884 T/TH Jun 22-July 8 6:10 – 7:00 PM
 28949T/TH July 13-29 6:10 – 7:00 PM
 28945 Sat June 5-July 10 10:10 – 11:00 AM
 (*No class 5/31 make-up - Friday June 4th)

West Cobb Aquatic Center

28669 M/W Jun 2-21 11:30-12:20 PM
 28670 T/Th Jun 22-July 8 11:30-12:20 PM
 28671 M/W Jun 2-21 7:10-8:00 PM
 28672 T/Th Jun 22-July 8 7:10-8:00 PM
 28673 Sat June 5-July 24 11:50-12:40 PM
 Fees: \$52.00 (Cobb Res) \$77.00 (Non-Cobb)

Learn to Swim Program Level 2 (age 6-15)

This class is designed for children who are able to float and glide on their stomach and back, and are comfortable going under water. The front crawl and backstroke are introduced along with rhythmic breathing to the side.

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

29058 Sat Jun 5-July 24 11:00-11:50 AM
 (Skip 6/19 – swim meet)
 29059 M/W Jun 2-16 12:00-12:50 AM
 (Note: No class 5/31 - Make-up June 4th)
 29060 T/Th Jun 1-17 12:00-12:50 AM
 29061 M/W Jun 21-July 7 12:00-12:50 AM
 29062 T/Th Jun 22-July 8 12:00-12:50 AM
 29063 M/W July 12-28 12:00-12:50 AM
 29064 T/Th July 13-29 12:00-12:50 AM
 29065 M/W Jun 2-16 7:00- 7:50 PM
 (Note: No class 5/31 - Make-up June 4th)
 29066 M/W Jun 21-July 7 7:00- 7:50 PM
 29067 M/W July 12-28 7:00- 7:50 PM

Mountain View Aquatic Center

28792	M/W	Jun 2-16	1:00-1:50 PM
28793	M/W	Jun 21-July 7	1:00-1:50 PM
28794	M/W	July 12-28	1:00-1:50 PM
28795	T/Th	Jun 1-17	11:00-11:50 AM
28797	T/Th	Jun 22-Jul 8	11:00-11:50 AM
28798	T/Th	July 13-29	11:00-11:50 AM
28796	T/Th	Jun 1-17	7:00-7:50 PM
28799	T/Th	Jun 22-Jul 8	7:00-7:50 PM
28800	T/Th	July 13-29	7:00-7:50 PM

South Cobb Aquatic Center

28909	M/W	Jun 2-16*	11:00-11:50 AM
28913	M/W	Jun 21-July 7	11:00-11:50 AM
28917	M/W	July 12-28	11:00-11:50 AM
28910	M/W	Jun 2-16*	6:10 – 7:00 PM
28914	M/W	Jun 21-July 8	6:10 – 7:00 PM
28958	M/W	July 12-28	6:10 – 7:00 PM
28911	T/TH	Jun 1-17	11:00-11:50 AM
28915	T/TH	Jun 22-July 8	11:00-11:50 AM
28918	T/TH	Jul 13-29	11:00-11:50 AM
28912	T/TH	Jun 1-17	6:10 – 7:00 PM
28916	T/TH	Jun 22-July 8	6:10 – 7:00 PM
28919	T/TH	July 13-29	6:10 – 7:00 PM
28921	Sat	Jun 5- July 10	11:00 – 11:50 AM
28922	Sat	Jun 5- July 10	12:00 – 12:50 PM
(*No class 5/31 make-up - Friday June 4 th)			

West Cobb Aquatic Center

28682	T/Th	Jun 1-17	11:30-12:20 PM
28683	M/W	Jun 23-July 12	11:30-12:20 PM
28684	T/Th	July 13-29	11:30-12:20 PM
28685	T/Th	Jun 1-17	7:10-8:00 PM
28686	M/W	Jun 23-July 12	7:10-8:00 PM
28687	T/Th	July 13-29	7:10-8:00 PM

28688 Sat June 5- July 24 11:50-12:40 PM
Fees: \$52.00 (Cobb Res) \$77.00 (Non-Cobb)

<http://prca.cobbcountyga.gov>

Learn to Swim Program Level 3 (age 6-15)

Students must be able to swim 50 yards consisting of backstroke and front crawl with rhythmic breathing to the side. Students must be comfortable swimming in deep water without assistance. Skills taught at this level include improving front crawl and backstroke, elementary backstroke, treading water, diving, and safety skills.

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

29068	Sat	Jun 5-July 24	1:00- 1:50 PM
(Skip 6/19 – swim meet)			
29069	M/W	Jun 2-18	10:00-10:50 AM
(Note: No class 5/31 - Make-up June 4 th)			
29070	M/W	Jun 23-July 9	10:00-10:50 AM
29071	M/W	July 14-30	10:00-10:50 AM
29072	T/Th	Jun 3-19	7:00- 7:50 PM
29073	T/Th	Jun 24-July 10	7:00- 7:50 PM
29074	T/Th	Jul 15-31	7:00- 7:50 PM

Mountain View Aquatic Center

28801	M/W	Jun 2-16	1:00-1:50 PM
28802	M/W	Jun 21-Jul 7	1:00-1:50 PM
28803	M/W	July 12-28	1:00-1:50 PM
28804	T/Th	Jun 1-17	11:00-11:50 AM
28808	T/Th	Jun 22-July 8	11:00-11:50 AM
28809	T/Th	July 13-29	11:00-11:50 AM
28805	T/Th	Jun 1-17	8:00-8:50 PM
28806	T/Th	Jun 22-July 8	8:00-8:50 PM
28807	T/Th	July 13-29	8:00-8:50 PM

South Cobb Aquatic Center

28972	Sat	Jun 5- July 10	12:00 – 12:50 PM
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West Cobb Aquatic Center

28695	M/W	Jun 2-21	12:30-1:20 PM
28696	T/Th	Jun 22-July 8	12:30-1:20 PM
28697	M/W	Jun 2-21	8:05-8:55 PM
28698	T/Th	Jun 22-July 8	8:05-8:55 PM
28699	Sat	June 5-July 24	12:50-1:40 PM
Fees: \$52.00 (Cobb Res) \$77.00 (Non-Cobb)			

Learn to Swim Program Level 4 (age 6-15)

Students must be able to swim 100 yards without stopping (2 laps) including; front crawl with rhythmic breathing, back crawl, and elementary backstroke. Swimmers must be able to swim in deep water without assistance. Skills taught at this level include: improving previously learned strokes, breaststroke, sidestroke, and increased endurance
 Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

29075 Sat Jun 5-Jul 24 10:00-10:50 AM
 (Skip 6/19 – swim meet)

Mountain View Aquatic Center

28810 T/Th Jun 1-17 8:00-8:50PM
 28811 T/Th Jun 22-July 8 8:00-8:50PM
 28812 T/Th July 13-29 8:00-8:50PM

South Cobb Aquatics Center

28973 Sat Jun 5- July 10 1:00 – 1:50 PM

West Cobb Aquatic Center

28709 T/Th Jun 1-17 12:30-1:20 PM
 28710 M/W Jun 22-July 8 12:30-1:20 PM
 28711 T/Th July 13-29 12:30-1:20 PM
 28712 T/Th Jun 1-17 8:05-8:55 PM
 28713 M/W Jun 23-July 12 8:05-8:55 PM
 28714 T/Th July 13-29 8:05-8:55 PM

28708 Sat June 5-Jul 24 12:50-1:40 PM

Fees: \$52.00 (Cobb Res) \$77.00 (Non-Cobb)

Learn to Swim Program Level 5 (age 6-15)

Student must be able to perform the following strokes: front crawl, back crawl, breaststroke, sidestroke, and elementary backstroke. This class is designed to improve these strokes and prepare students for swim team participation. This class will introduce butterfly, surface dives and springboard diving.

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

29076 Sat June 5-July 24 12:00-12:50 PM
 (Skip 6/19 – swim meet)

Competitive Swimming:

Cobb County Aquatic Facilities host several USA competitive swim teams.

Chattahoochee Gold	770-928-1506
Kennesaw Tidal Wave	770-499-3296
Marietta Marlins	678-899-6888
Stingrays	770-428-3425

Competitive Diving:

The Central Aquatic Center and West Cobb Aquatic Center host a USA competitive diving team.

For more information contact Bill Humber, Metro Atlanta Diving at 770-528-8465.

**Cobb Aquatics
 Indoor Facilities
 ADMISSION FEES**

	Adult		Youth/Senior	
	Cobb	Non-C	Cobb	Non-C
Daily	\$ 3	\$ 3	\$ 2	\$ 2
10 Visit	\$ 22	NA	\$ 13	NA
Monthly	\$ 25	\$ 50	\$ 18	\$ 36
Quarterly	\$ 68	\$ 93	\$ 40	\$ 65
Annual	\$180	\$205	\$124	\$149

Family Passes

Size	3 mo	6 mo	9 mo	Annual
4	\$70	\$140	\$210	\$280
5	\$80	\$160	\$240	\$320
6 +	\$90	\$180	\$270	\$360

Non-residents will be charged an additional \$25.00 non-resident fee

Cobb County charges a 6% tax on all admission fees and passes

Adult Aqua-Aerobic classes:**Central Aquatic Center**

9:00 am	Mon/Wed/Fri	Aerobics
10:00 am	Mon/Wed/Fri	Aerobics
5:30 pm	Mon/Wed/Fri	Aerobics

Mountain View Aquatic Center

8:00am	Mon/Wed/Fri	Aerobics (shallow)
8:00am	Tues/Thurs	Aerobics (shallow)
9:00am	Mon-Fri	Aerobics (deep water)
10:00am	Mon/Wed/Fri	Arthritis, AquaFit
10:00am	Tues/Thurs	Aerobics (shallow)
11:00am	Mon/Wed/Fri	Adaptive & Arthritis
5:30 pm	Mon-Fri	Aerobics (shallow)

West Cobb Aquatic Center

9:00 am	Mon-Fri	Aerobic (shallow)
9:15 am	Sat	Aerobic (shallow)
10:00 am	M/W/F	Low Intense (shallow)
6:00 pm	Tues	Aerobics (deep water)
6:00 pm	Thu	Aerobics (deep water)
7:00 pm	M/W	Aerobics (shallow)
11:10am	M/W/F	Low Intense (shallow)

South Cobb Aquatic Center

9:00am	Mon-Fri	Shallow Water
6:00pm	Mon-Thurs	Shallow Water

Aqua-Aerobic Fees:

Adults	\$3 per class (10-visit pass \$30.00)
Seniors	\$2 per class (10-visit pass \$20.00)

Shallow Water:

Low impact, mid to high intensity to get blood flowing. A good aerobic workout with muscle toning

Deep Water:

Enjoy a deep water workout that has no impact on the joints, yet high intensity to burn calories...very cardiovascular...add a little body sculpting and you have a total body workout.

Additional Programs

Lifeguard Training - Class is designed to certify individuals in lifesaving, standard first aid and CPRO (CPR for the professional rescuer).

Cardio Pulmonary Resuscitation (CPRO) – Class is designed to certify individuals in the American Red Cross CPR for the Professional Rescuer

Water Safety Instructor – Class is designed to certify individuals to teach American Red Cross swimming lessons.

Contact Facilities for Class Availability

Central Aquatic Center	770/528-8465
Mountain View Aquatic Center	770/509-4925
West Cobb Aquatic Center	770/222-6700
South Cobb Aquatic Center	770/739-3180

Call for facilities or check on-line for dates